



STARTERS & SOUPS

STEAK TENDERS 10.95

Tender steak served with a zippy teriyaki sauce, sour cream and fresh ciabatta bread

* CALAMARI 9.95

Hand-cut, soaked in a buttermilk bath and dredged in our flavorful rice flour and fried to crisp perfection. Served with a sweet chili sauce

* SWEET TOTS 5.95

Our spin on classic tater tots. Made with delicious sweet potatoes. Served with tangy chipotle ketchup

LOADED CLASSIC NACHOS 9.95

Our own house-made tortilla chips topped with melted cheese, black beans, olives, fresh green onions, sour cream and house-made salsa. Choose from chicken or beef. Add house-made guacamole 2.00

CHEESE QUESADILLA 7.95

Served with sour cream and house-made salsa. Add applewood smoked bacon 2.00, chicken 2.00, pulled pork 3.00. Add guacamole 2.00

* BUFFALO WINGS 6 – 6.95 12 – 9.95

Served with fresh veggie sticks and ranch or bleu cheese dressing. Choose from Buffalo, BBQ, Teriyaki or Natural

STEAK SLIDERS 9.95

Three grilled steak sliders with garlic herb aioli served with coleslaw

ONION RINGS 5.95

Large white onions dredged in panko and fried just right

* CHICKEN TENDERS 7.95

Four delicious fried chicken tenders breaded with seasoned rice flour and served with hand-cut french fries

* SYLVAN ARTICHOKE DIP 7.95

House-made creamy spinach artichoke dip. Served with house-made tortilla chips

* CHIPS AND SALSA 3.50

House-made tortilla chips and salsa. Add guacamole 2.00

CHEF'S DAILY SOUP CUP 2.95 / BOWL 4.95

* Gluten Free Item

SYLVAN STEAKS

Our steaks are seared to perfection. Regionally sourced from the finest NW raised beef, custom aged, choice grade or higher, all steaks are served with fresh sautéed vegetables and your choice of house-made mashed potatoes, rice pilaf, hand-cut french fries, or sweet potato tots

Add a baked potato 1.50, house-made soup or small green salad 2.50, sautéed onions or mushrooms 1.50, shrimp 5.00

* SYLVAN HOUSE STEAK 13.95

10 oz lean hand-cut steak with exceptional flavor and smothered in fresh sautéed mushrooms. "This is the Steak Lovers Steak!"

* AGED NY STRIP 18.95

10 oz Hand-cut NY strip steak. You won't find a New York like this anywhere in town!

* RIBEYE 12 oz 20.95 / 16 oz 26.95

Hand-cut USDA choice. Beautifully marbled for peak flavor

* Baseball Cut Sirloin 16.95

8 oz Hand-cut extra thick 1 1/2 - 2". Each bite is incredible and deliciously juicy

* STEAK MEDALLIONS 12.95

8 oz of steak medallions. "So juicy and tender you can cut it with a butter knife; in fact, we dare you to..."

* FILET MIGNON 18.95

This mouth watering bacon wrapped 6 oz filet is full of flavor and is so tender that it will melt in your mouth!

ENTREES

Add house-made soup or small green salad for 2.50

* FISH & CHIPS 9.95

Alaskan Cod prepared with our signature gluten free tempura beer batter. Served with coleslaw, tartar sauce and hand-cut french fries

GRILLED SALMON 14.95

Salmon served with rice pilaf and fresh sautéed vegetables

GRILLED PRAWNS 13.95

Prawns grilled and served with rice pilaf and fresh sautéed vegetables. * substitute house-made mashed potatoes for a gluten free meal

SYLVAN ENCHILADAS 12.95

Your choice of cheese, chicken, pulled pork or steak served with rice and black beans. Topped with house-made enchilada sauce, sour cream and house-made salsa. One of our most popular dishes. Add house-made guacamole 2.00

GRILLED CHICKEN TOPPED PORTOBELLO 10.95

Grilled chicken breast and a marinated portobello mushroom stuffed with feta cheese, roasted red and green peppers topped with a roasted tomato vinaigrette. Served with house-made mashed potatoes and fresh sautéed vegetables

SYLVAN SMOKED BBQ HALF CHICKEN 12.95

Slowly smoked outside in our SYLVAN SMOKER a half chicken. Moist and tender with flavors of oak and hickory. Served with house-made mashed potatoes and fresh sautéed vegetables

Please note: our house-made mashed potatoes and rice pilaf are prepared with dairy, and many of our dressings contain gluten. Though many of our items are gluten free they are prepared on shared equipment which means we cannot guarantee 100% gluten free food.



LET US HOST YOUR NEXT PARTY OR SPECIAL EVENT
ASK ABOUT OUR CATERING MENU

www.twitter.com/sylvansteak & www.facebook.com/sylvansteakhouse



BURGERS

All of our burgers are NW sourced, 100% ground chuck patties cooked to perfection. Thick pub buns are topped with garlic herb aioli, fresh lettuce, tomato and red onion. All burgers served with hand-cut french fries – substitute house-made soup, small green salad, or sweet potato tots for 1.00 Add Pepperjack, Tillamook® cheddar, or Swiss cheese for 1.00, applewood smoked bacon 2.00, gluten free bun 1.50, make it a double 3.00. Substitute a vegetarian black bean or original Gardenburger® at no extra charge

JUICY LUCY BURGER 10.95

This juicy burger is a mouth-watering double patty burger stuffed with your choice of cheese. The cheese is HOT – be careful and take your time. The wait may be a little bit longer, but we promise it'll be worth it!

OLD FAITHFUL 6.95

A classic name for the classic hamburger!

MUSHROOM SWISS 8.95

Fresh sautéed mushrooms and swiss cheese. A moist and juicy burger

THE COWBOY 9.95

Cheddar, applewood smoked bacon, a crispy onion ring and smothered in BBQ sauce

OUTRAGEOUS SYLVAN BURGER 9.95 make it a double 12.95

Our Biggest Burger! A burger patty, fried egg, ham and your choice of cheese

ZEUS BURGER 9.95

A mythological burger with crumbled feta cheese and applewood smoked bacon

BLACK BEAN CHIPOTLE BURGER 8.95

Black bean chipotle patty served with a zesty chipotle aioli

SWEET T'S PORTOBELLO 8.95 add a beef patty 11.95

One huge fresh portobello mushroom topped with swiss cheese, grilled onions and grilled red and green peppers. A delicious vegetarian burger

SANDWICHES

Served with your choice of: sourdough, seven grain wheat, or marbled rye. All sandwiches served with hand-cut french fries – substitute house-made soup, small garden salad, or sweet potato tots for 1.00, gluten free bun 1.50

HOUSE SMOKED PULLED PORK SANDWICH 7.95

The best value in Portland! Slowly smoked pork in our **SYLVAN SMOKER**. Juicy and full of intense oak and hickory flavor. Pulled pork is served with a spicy horseradish coleslaw

THE SYLVAN RUEBEN 10.95

Slowly smoked corned beef in our **SYLVAN SMOKER**. Corned beef is piled high with swiss cheese, sauerkraut and thousand island dressing on fresh grilled marbled rye bread

BBQ CHICKEN SANDWICH 8.95

Grilled chicken breast topped with cheddar, applewood smoked bacon & BBQ sauce, fresh lettuce, tomato and red onion

STEAK SANDWICH 9.95

Tender and juicy hand-cut steak, served on grilled ciabatta bread, add fresh sautéed onions or mushrooms 1.50

CAJUN CHICKEN SANDWICH 7.95

Blackened with our own spicy down-home Cajun seasoning topped with cheese. Served with our zesty chipotle aioli

BACON LETTUCE AND TOMATO 8.95

A simple classic. Applewood smoked bacon, fresh lettuce & tomato. Served on thick toasted white bread and garlic herb aioli. Add avocado 2.00

ALL AMERICAN CLUB 8.95

Ham and in-house oven roasted turkey with swiss and cheddar cheeses, applewood smoked bacon, fresh lettuce, tomato, red onion and bread topped with garlic herb aioli

TURKEY, BACON AND SWISS 8.95

Fresh, in-house oven roasted turkey, applewood smoked bacon and swiss cheese topped with fresh lettuce, tomato and red onion topped with garlic herb aioli on fresh thick white bread

“SYLVAN STEAKHOUSE IS COMMITTED TO THE BEST POSSIBLE FOOD SPIRITS AND SERVICE AT AFFORDABLE PRICES IN A FUN FAMILY ATMOSPHERE.”

BRING IN THE KIDS FOR OUR WEEKEND BREAKFAST AND RECEIVE FREE PASSES TO THE OREGON ZOO!

SALADS

Choice of house-made Ranch, Blue Cheese, Honey Mustard, 1000 Island, Raspberry Vinaigrette or Red Wine Vinaigrette dressing

Add Grilled Chicken Breast 3.00
or
Grilled Steak, Shrimp or Salmon 5.00

STEAK SALAD 13.95

“House Fave” – Grilled portobello mushroom, grilled red onion, fresh tomatoes all served over fresh chopped romaine and topped with our tasty grilled steak medallions

CHICKEN CAESAR SALAD 10.95

Grilled chicken breast, fresh crisp romaine lettuce, parmesan and croutons tossed together with our creamy caesar dressing. Anchovies on request

SALMON SALAD 14.95

Perfectly grilled salmon atop baby greens, diced tomatoes, green onions and cilantro. Topped with orange wedges

WEDGE SALAD 7.95

Fresh iceberg lettuce wedge, topped with blue cheese dressing, chopped red onions, fresh diced tomatoes, applewood smoked bacon, and blue cheese crumbles

SYLVAN COBB 9.95

Grilled chicken breast, arranged with bacon, blue cheese, fresh diced tomatoes, avocado, black olives, sliced hard boiled egg all served over fresh local greens.

HOUSE SALAD 4.95

Fresh local greens tossed together with fresh diced tomatoes, cucumbers and red onions. Add a cup of house-made soup 1.50

DESSERT

MOLTEN LAVA CAKE 7.95

A rich chocolate cake with molten center. Served warm, topped with chocolate sauce and vanilla ice cream.

CARMEL APPLE PIE 6.95

Buttery caramel and toffee-studded custard hug fresh Granny Smith apples piled high in our melt-in-the-mouth shortbread crust.

NY CHEESECAKE 5.95

Authentic NY Cheesecake. Smooth and creamy and topped with strawberry or raspberry puree.

OREO BROWNIE SUNDAE 4.95

Warm brownie topped with vanilla bean ice cream, Oreo cookie crumbs and whipped cream then covered in chocolate drizzle

KIDS ICE CREAM SUNDAE 1.95

Scoop of vanilla ice cream with chocolate syrup, Oreo cookie crumbs and gummy bears.

*VANILLA ICE CREAM 1.95

Two scoops of vanilla ice cream.

BEVERAGES

SODAS 2.00

Pepsi, Diet Pepsi, Mt Dew, Root Beer, Dr. Pepper, Sierra Mist

HOT DRINKS 2.50

Coffee, Hot Tea, Hot Chocolate, Hot Apple Cider

LEMONADE 2.50

Add Marionberry, Peach, Raspberry, or Strawberry 1.00

HEALTHY OPTIONS

We strive to offer our customers healthy options. We use gluten free rice flour for our house-made tempura batter. Enjoy your burger or sandwich on a gluten free bun. Any other healthy alternatives you'd like to see on our menu? Let us know.

Thanks for joining us. It is a pleasure to serve you! Ask your server about our dairy free options as well.